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Celebrate National Soyfoods Month This April



This April, join <u>The Soyfoods Council</u> in celebrating National Soyfoods Month. Soy is a common ingredient found in a wide variety of popular foodstuffs and pantry staples – but can also shine as a main dish too. With a robust nutritional profile, here are five reasons why consumers should consider soy-based foods a regular option.

- 1. Soy has health benefits for the heart
- 2. Industry-wide commitments to sustainable production means soy is good for you and good for the environment
- 3. Soy is packed with protein and high in energy
- 4. Soyfoods receive minimal processing for clean eating
- 5. Ready to eat products at your local grocery store make soyfoods an easy and convenient option

To learn more about the benefits of soyfoods, click the link below and keep scrolling to check out soyfood recipes to try at home!

Benefits of Soyfoods



Robert Petter of De Valls Bluff Appointed to United Soybean Board

The Arkansas Soybean Promotion Board congratulates Robert Petter of De Valls Bluff on

his appointment to the <u>United Soybean Board (USB</u>). The United States Department of Agriculture appointed Petter to represent Arkansas on the board. Petter is a newly appointed farmer-leader and will serve a three-year term on the board.

Read more here.

Featured Research The Latest On Insect Management



Soybean Insect Management is **Ben Thrash's** latest project focusing on utilizing viruses to control insects in the fields. With long-lasting effects, these viruses have the ability to keep pests away throughout the growing season with only one initial use. Watch the full video to learn more about new insect management tactics.

Watch the video here.

Career Snapshot Kisia Weeks



After learning about agriculture as a freshman in high school, it was no longer a question of which subject **Kisia Weeks** wanted to teach. Now, she places emphasis on showing students the diverse career fields in agriculture as she serves as <u>White Hall High School's</u> Agriculture Mechanics & Natural Resources Teacher and FFA Advisor.

Learn more about Kisia's story and the many careers in agriculture by watching her Career Snapshot video today.

Learn More



Clean Fuels Alliance America Celebrates a Biodiesel Innovator in Honor of National Biodiesel Day

The Clean Fuels Alliance America celebrated National Biodiesel Day this month on March 18th to coincide with the birthday of **Rudolf Diesel**, inventor of the diesel engine. This was an especially meaningful year as the industry reflects on 30 years of clean fuel innovation. Currently, the industry is witnessing an explosion in demand for low-carbon fuels like biodiesel, renewable diesel and sustainable aviation fuel. In recognition of this growth and diversification, the National Biodiesel Board recently announced its new name and brand – the Clean Fuels Alliance America. Continue reading about Clean Fuels Alliance America's celebration by clicking the button below!



Check it out!

USB & ASA Promote U.S. Soy in D.C.



In recognition of National Ag Day, on March 22, USB partnered with ASA and other agricultural organizations to showcase how agriculture and innovation enable sustainability and contribute to our everyday lives at the Celebration of Modern Agriculture on the National Mall.

Learn more!



Sign Up for the SRIN Newsletter



5 Ways to Celebrate Soyfoods Month this April

- 1. Order a soy-based dish like edamame, tofu or tempeh at your favorite restaurant.
- 2. Buy soynuts online and create your own heart-healthy trailmix.
- 3. Start your day with soyfoods by adding a cup of soymilk to your favorite cereal, oatmeal, pancake mix, latte or smoothie.
- 4. Introduce soy to your kids studies show young girls who eat one to two servings of soyfoods a day may reduce their risk of breast cancer by 50% later in life.
- 5. "Soy-ize" your favorite recipe by swapping an ingredient with a soy-based alternative.



Easy Stuffed Shells

Protein Packed Oatmeal

Try This Recipe

Try This Recipe

Soybeans are a versatile bean used in a variety of dishes satisfying to all palettes. We've gathered some of our favorite recipes for you to try.

View More Soy Recipes



2022 JULY UNITED SOYBEAN BOARD MEETING July 26th – July 28th

> SEE THE FULL CALENDAR OF EVENTS HERE

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